
It is essential that you follow the guidance given to keep yourself and others safe

- Everyone should self-assess for COVID-19 symptoms before every training session or match. If you are symptomatic or living in a household with possible or actual COVID-19 infection you must not participate or attend
- Competitive training is now permitted, with groups limited to a maximum of 30 including coaches
- Competitive match play is now permitted, with social distancing in place before and after the match, and any breaks in play
- Players and officials should sanitise hands before and after a game as well as scheduled breaks throughout a game or training session
- Ball handling should be kept to a minimum with most contact via a boot and the ball disinfected in breaks of play
- Youth football coaches are encouraged to limit persistent close proximity of participants during match play and training
- Goal celebrations should be avoided
- Equipment should not be shared, and goalkeepers should ensure they disinfect their gloves regularly in breaks in training or matches and thoroughly afterwards. Where possible, coaches should only handle equipment in training
- Changing rooms are not available at this time, you should arrive ready for your training/activity session
- Clubs, players, coaches, match officials, league officials, volunteers, parents/carers and spectators are requested to read the full guidelines from the FA, which can be found here
- Clubs should keep a record of all attendees at a match or training session, including contact details to support NHS Track and Trace
- Maintain social distancing, be respectful and allow other users to pass at a safe distance where necessary
- Do not congregate with other people under any circumstances. Arrive and leave promptly in adherence to your booked session time. The only reason for being at the facility should be to participate in a booked activity
- Follow the arrows and adhere to social distancing when arriving and leaving the facility
- Do not share any mobile devices, equipment, food, or drink with others
- Wash your hands regularly including before leaving home and on returning home. Please bring hand sanitizer with you
- Please follow best practice for travel including minimising use of public transport and walking or cycling if possible. People from a household or support bubble can travel together in a vehicle
- STAY ALERT-STAY SAFE