

Dorset Schools Lyrical Dance Competition



The theme of the Dance Competition is
Mental Health Awareness.

Lockdown and C-19 restrictions have led to a huge increase in Mental Health problems in teenagers. Use the medium of dance to raise awareness.

Watch this video

and be inspired to create your own dance.

Video your own performance and enter the competition.



Watch

Entry Categories

- Individual dancer
- Minor Group -2-4
- Ensemble Group - 5-10
- Troupe Group -10-30

This is a Secondary Age Group Competition.

Age groups will be: KS3, KS4, KS5

Register interest in entering the competition by the end of

Mental Health Awareness Week in May 2021

Additional information from dorsetschoolgames@gmail.com

Google Form entry date: May 17th and Video deadline : June 30th

Further Competition Entry information on next page



Mental Health
Awareness
Week 10-16
May 2021



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Competition Details

- Your dance **must** use one of the are 13 music tracks listed here. (YouTube links here)
- Shorter, edited versions of these music tracks are allowed, or if your school has talented singers they could perform live on your video!
- Teachers can help choreograph performances.
- Competition winners may be asked to perform at future School Games events.
- Competition winners will have their video shared online, winning schools will receive an award and dancers will receive School Games Medals.

• **TO ENTER**

Select a track, choregraph a dance, video your performance, complete this google form by 17/5/21 and send your video by 30/6/21

Further information on how to send in videos can be found on the google form.

Click here to go to Google Form

Contact: dorsetschoolgames@gmail.com

YouTube Playlist (with lyrics)

Click any track

Fix You - Coldplay

Heal – Tom Odell

Unstoppable - Sia

Rise – Katy Perry

Rise – Jonus Blue

Fight Song – Rachel Platten

Skyscraper- Demi Lovato

Put your hands up – F. Blakk

Rise Up – Andra Day

Get Up – Shinedown

Life is Worth Living – J Bieber

Believer – Imagine Dragons

The Climb – Miley Cyrus

Or Listen on Spotify



Mental Health Awareness Week
10-16 May 2021

