



## Dorset Inclusion Resources

Top 3 tools that can be used by all school staff to provide the best approach to inclusive Physical Education as we recover from Covid 19



## ALL ABOUT AUTISM E-LEARNING

We know there are a number of key barriers to inclusion in PE and Sport for young people with autism that collectively our teachers and sports professionals should consider.

These are addressed in an exciting new E-Learning 'All about Autism' resource. Developed by the Youth Sport Trust and endorsed by the National Autistic Society.

This resource is free to access and can be used by schools to support all young people as many without a diagnosis would also benefit.

Participants will learn specific skills in Language and Communication, Social Interaction, and Sensory Processing.

The link to access the CPD is below. You will need to register on the Youth Sport Trust Website to do this:

<https://www.youthsporttrust.org/all-about-autism-all-about-me>

*"Having completed the course, it has made me think about individuals in each year group and how simple things such as change of setting, group sizes, noise levels etc can have an impact on the child's mood/learning. I now feel that I am able to help those individuals that may have struggled with some elements and can adapt the sessions to suit all.*

*The course itself was very simple, you could drop in and out at any time and the videos really made me think about different situations in our school."*

**Mike Burke – PE Specialist at St Katharine's Primary School, Bournemouth**

## YST TOP SPORTSABILITY

TOP Sportsability is a free online resource for schools offering practical advice for teachers, learning support staff and other sports practitioners including school coaching companies, it consists of video clips and downloadable content showing ideas and strategies which will help staff adapt their lessons and sessions.

The resource is easy to use and divided into three sections which are:

1. To provide physical activity and sport options for young people with support needs
2. To create a vehicle for the inclusion of disabled and non-disabled young people together
3. To provide a basic introduction to a wide range of sports and activities in support of the School Games programme

To access the Tops Sportability website visit: <http://www.topsportsability.co.uk>

You will need to use the code: **YSTINCLUSION13**

*"The Top Sportsability resource has been incredibly helpful in improving staff confidence, skills and knowledge in the delivery of inclusive PE. Our PE team use the resources to ensure that all of our students are included in every PE lesson and that we are challenging and progressing all students within curriculum PE".*

**Gemma Battrick-Mantell - SENDCo at The Grange School**



## Inclusive Health Check

The Schools Inclusive Health Check (IHC) is a quick and simple resource that school staff can use to assess their inclusive provision in PE and school sport.

Participants answer questions which are designed to be thought provoking but non-judgmental.

Once completed school staff receive a bespoke action plan which links resources and opportunities which forms part of the school's approach to become a more inclusive.

The action plan and process has received positive feedback from Ofsted as it enables schools to demonstrate clear understanding and planning for an Inclusive PE provision.

Schools can access the IHC from their School Games dashboards. To register for the School Games website and complete this resource please use this link: <https://www.yourschoolgames.com>

**Please contact your School Games Organiser with any questions about the inclusion resources**