

Active Dorset Workshops/ Courses - June – July 2011

COURSE	COST	VENUE	DATE	STATUS
Safeguarding & Protecting Children www.sportscoachuk.org NB minimum age requirement of 18. Contact Active Dorset for further information	£30	Bournemouth University	20 th Jun 2011	Fully Booked
		Bournemouth University	18 th July 2011	Fully Booked
Equity In Your Coaching www.sportscoachuk.org	£30	Bournemouth University	8 th Jun 2011	Spaces Available
Emergency Aid For Sport (over two evenings)	£37	Bournemouth University	11 th & 18 th Jul 2011	Spaces Available

All courses run from 6.15pm – 9.15pm.

N.B. Emergency Aid For Sport is a six hour course running over 2 consecutive weeks.

Venue addresses

Bournemouth University
 Talbot Campus
 Fern Barrow
 Poole
 BH12 5BB

Weymouth College
 Cranford Ave
 Weymouth
 DT4 7LQ

http://www.activedorset.org/site/index.php?/news/events_courses

SPORTSCOACH UK - <http://www.sportscoachuk.org/>

RUNNING SPORTS – <http://www.runningsports.org/>



Summary of outcomes of the workshop/courses:

SAFEGUARDING & PROTECTING CHILDREN; NB minimum age requirement of 18; this workshop will help the coach to:

- identify good coaching practice to promote a positive relationship with children
- identify sport situations and coaching practice that might constitute either poor practice or possible abuse
- identify ways of dealing with your own feelings about child abuse and state what constitutes neglect, physical, sexual and emotional abuse
- recognise the signs and symptoms of abuse and appreciate why reporting it is often so difficult
- identify appropriate action if a child discloses he/she has been abused
- identify appropriate action if abuse is suspected and explain the role and responsibilities of other experts (e.g. police, social services)
- describe appropriate practice that reduces the likelihood of abuse occurring.

SAFEGUARDING & PROTECTING CHILDREN 2 is for coaches who have already attended the original SPC. It differs from its predecessor in that it deliberately builds upon the practical experience a coach will have already gained in their day-to-day role as a coach; giving them the chance to reflect upon as well as learn from other coaches' experiences. By completing this workshop the coach will be able to:

- **actively** promote a positive and child-centred coaching environment
- **enjoy peace of mind** by being fully informed of current national legislation relevant to your role
- **calmly and confidently** recognise, make informed decisions about safeguarding children and respond appropriately should any problematic situations be encountered.

By reflecting and being aware of their feelings and thoughts, coaches are more likely to consider situations objectively and deal with them effectively whenever necessary. The workshop also prompts a review of practice to ensure their sport provides a positive and enriching experience for children and that coaches' behaviour **is always above reproach**.

EQUITY IN YOUR COACHING; this workshop will help the coach to:

- explain what equity means and why it is important
- identify barriers to participation
- use appropriate language and terminology
- identify and challenge inequitable behaviour
- interpret the legal framework that affects coaching
- identify how they can become more equitable
- establish where to go for further information.

COACHING DISABLED PERFORMERS; this workshop will help the coach to:

- explain when integration and segregation might be most appropriate
- identify appropriate safety and medical considerations
- review and extend your knowledge of how to adapt your coaching to the specific needs of disabled performers
- design and monitor a programme for a disabled player taking part in their sport
- direct players to appropriate structures for competition and further coaching.

A CLUB FOR ALL; attendees will get the following out of the workshop:

- Discover what is classed as 'inequitable practice', so you can protect your club
- Recognise the key challenges facing your club in relation to disability, race and gender issues
- Understand what steps to take to be truly inclusive – welcoming young and older people, those on low incomes, disabled people and people from ethnic minorities
- Start an action plan for wiping out prejudice behaviour
- Find out about organisations that can provide further guidance

EMERGENCY 1ST AID FOR SPORT; This HSE-approved, course is designed especially for sports coaches, leaders and officials. Attendees will learn how to deal with;

- The unresponsive/unconscious casualty
- Resuscitation
- Medical illness
- Trauma (wounds, bleeding, fractures, head injuries)
- Requesting further assistance

COURSE(S) BOOKING FORM

Course title:

Date: Cost: £

Course title:

Date: Cost: £

Total Payment: £

Send completed form to the above address along with full payment (make cheques payable to Active Dorset CSPAP)

Mr / Mrs / Miss / Ms

Name.....

Address.....

.....

..... Post Code.....

Tel: Mobile:

E-mail:

Your sport: Your club:

Do you have a disability? Yes / No

If so, please indicate any assistance you may require.....

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Terms and Conditions

- Full payment must be sent with booking form
- Active Dorset County Sports Partnership reserves the right to cancel a course. In such an event a full refund will be made
- Cancellations by attendees must be notified at least 14 days prior to date of the course to gain a full refund
- Cancellations made within 14 days of the start of a course will not be refunded
- Active Dorset County Sports Partnership will not be liable for any loss, damage or injury to any person, provided that it is not due to the negligence of Active Dorset or its employees

I have read and understood the terms and conditions stated above

Signed..... Date.....

Equity Policy

It would be helpful to Active Dorset in monitoring the effectiveness of our equity policy if you would complete this form. All information is anonymous and confidential.

Ethnic origin

Choose one category from A to E and then tick the appropriate box to indicate your cultural background:

A White

- British
- Irish
- Any other white background (please write in)

B Mixed

- White and black Caribbean
- White and black African
- White and Asian
- Any other mixed background (please write in)

C Asian or Asian British

- Indian
- Pakistani
- Bangladeshi
- Any other Asian background (please write in)

D Black or black British

- Caribbean
- African
- Any other black background (please write in)

E Chinese or other ethnic group

- Chinese
- Any other (please write in)

Disability

The Disability Discrimination Act 1995 defines a disabled person as anyone with a 'physical or mental impairment that has a substantial and long-term adverse effect upon his/her ability to carry out normal day-to-day activities'.

Do you consider yourself to have a disability? Yes No

If yes, what is the nature of your disability?.....

(You may wish to use one of the following categories: visually impaired; hearing impaired; physical disability; learning disability; multiple disability.)

Gender

Male Female

Age

Please tick the appropriate box to indicate your age band:

15-20 21-25 26-30 31-35 36-40 41-50 51-60 61-70 70+